Welcome to the Epilepsy Video Monitoring Unit

Thank you for choosing Children's National Medical Center for your child's video EEG. The staff on the Neuroscience unit want your stay to be as pleasant as possible.

PLEASE LET US KNOW IF YOUR CHILD USES ANY OF THE FOLLOWING: Tracheostomy, Bi or C-pap machine, Suction, or Wheelchair

PLEASE LET US KNOW IF YOUR CHILD HAS ANY OF THE FOLLOWING: Behavioral challenges, communication or learning disabilities

PLEASE BRING YOUR CHILD'S MEDICINES IN THE ORIGINAL BOTTLE.

Here are some tips to make your stay more comfortable!!

Tips about the Equipment:

- Your EEG technician or nurse will show you how to use the camera.
- Locate the camera to avoid blocking it.
- If your child is in the bathroom and has a seizure, call for your child's nurse.
- Push the video button when your child has a seizure and write it down on the EEG diary.

When equipment is on, <u>DO NOT</u>:

- ❖ Do not shower! This can cause electric shock.
- Do not leave your child alone. Talk with your child's nurse before leaving the room.
- Do not log onto the internet on the video monitor. Ask your nurse how to access the internet through GetWellNetwork on your child's TV.
- Free Wi-Fi is available for your mobile and tablet devices.

Fun stuff to do while your child is on the monitor:

- ❖ Bring your child's favorite toys, games, books, or other comfort objects from home.
- ❖ We have DVD's, video games on Wii and X-box 360, toys, board games, crafts.
- * Family visits are encouraged. Siblings must be cleared by nursing staff before visiting.
- ❖ The Child Life Specialist on the unit can work with your child to help with cooperation during the lead placement and offer play ideas to support a positive experience.
- If you would like help in preparing your child for this admission and procedure, please call Family Services at 202-476-3070 and asking to speak with a Child Life Specialist.



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