



## **Walk to Cure Arthritis**

For 70 years, in one community after another across the country, the Arthritis Foundation has taken colossal steps to conquer this crippling disease. Our Walk to Cure Arthritis is the largest arthritis gathering in the world, celebrating our Arthritis Warriors, raising funds for research, resources, and a cure. Much more than just a walk event, it's something even bigger than arthritis itself.

**PG County Walk to Cure Arthritis**, Eleanor Roosevelt High School  
Saturday, May 7<sup>th</sup>, 2022 | Expected Participants: 200+

**Metro DC Walk to Cure Arthritis**, University Yard at GWU  
Sunday, June 5<sup>th</sup>, 2022 | Expected Participants: 350+

**Frederick County Walk to Cure Arthritis**, Baker Park  
Saturday, June 4<sup>th</sup>, 2022 | Expected Participants: 200+

## **Gala**

Join us for an elegant evening of fun as we celebrate esteemed members of the community for their contributions in their search for a cure. Attendees can enjoy an open bar as they peruse the offerings of an incredible silent auction. The evening will then continue with dinner and a program including amazing live auction items, a fund the mission portion, and the honoring of this year's amazing sponsors and honorees.

**Commitment to a Cure Gala**, Washington, DC  
October, 2022 | Expected Guests: 150

## **Jingle Bell Run**

The Arthritis Foundation's Jingle Bell Run is the original festive race for a charity, bringing people from all walks of life together to champion arthritis research and resources. All events have a timed 5k race with a USA Track & Field-certified course, but walkers are of course welcome, too!

**Metro DC Jingle Bell Run**, Pentagon Row  
December, 2022 | Expected Participants: 700+

**Solomon's Island Jingle Bell Run**, Holiday Inn Solomon's  
December, 2022 | Expected Participants: 500+

**Gaithersburg Jingle Bell Run**, Maryland SoccerPlex  
December, 2022 | Expected Participants: 250+