INOVA
Children's Hospital

Distance learning and the COVID-19 pandemic are still with us. How is your family coping?

Inova Children's Hospital invites you to join our pediatric experts in a Zoom checkup. We'll cover the current state of community care and prevention and discuss ways to help families cope with the new normal. All registrants will receive the session recording.

> *"What a great seminar, I was taking screen shots of lots of slides with very helpful information for my 16 year old. Loved it!"*
> *– Kim H., Arlington, Teen session*

Session for Preschoolers to Preteens
Monday, Nov. 9, 5 – 6 p.m.

Host: Joanna Fazio *Vice President and Administrator, Inova Children's Hospital*

COVID-19 vs. Flu *Rebecca Levorson, MD, Pediatric Infectious Disease Specialist*

Work-life-school Balance and Meeting the Needs of the Young Child *Kyle Averill, M Ed*

Coping Skills for the Family *Lauren Furtner, CCLS*

Register here or learn more at inovachildrens.org