



Body Project (T1D Style)

If you want to improve your body image or feel more comfortable in your body, please consider joining this **FREE** group. Body Project (T1D Style) is part of a research study by Paige Trojanowski, a GMU Clinical Psychology PhD student and previous Pediatric Specialists of VA psychology resident, who is passionate about supporting youth with T1D and promoting body acceptance.

Participants will earn \$60 for completing surveys before and after the program!!!

Please email the research team at bodyprojectT1D@gmail.com to learn more!

The program consists of 4 **online** sessions, and you must be 15-18 years old, have had T1D for 1+ years, be female, and speak English to participate. Parent(s) are expected to attend the parent-only portion of Session 3.

We hope to hear from you soon!