

## Pediatric Specialists of Virginia, Endocrinology

### Frequently Asked Questions (FAQ)— for Parents and School Staff regarding forms for the upcoming school year

#### **My child will be attending school virtually. Do I need a Diabetes Medical Management Plan (DMMP) this year?**

Yes.

The DMMP is required for all students, even those attending school from home. This will allow for a smooth transition when in person classes start.

#### **How can I get this year's DMMP completed?**

Schedule a telemedicine visit with diabetes educators by calling 703-876-2788.

#### **I have the Diabetes Medical Management Plan (DMMP), do I need a separate Medication Authorization Form?**

No.

Your DMMP includes the physician's authorization to give insulin and glucagon.

#### **What should I do if a student's insulin dose changed from what is on DMMP?**

Please refer to "Parents/Guardians Authorization to Adjust Insulin Dose"; line C. This provides authorization for changes to the carb ratio through out the year. School staff are welcome to call the diabetes educators with questions or concerns.

<b>Parents/Guardians Authorization to Adjust Insulin Dose</b>		
A. Parents/guardians authorization should be obtained before administering a correction dose.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
B. Parents/guardians are authorized to increase or decrease correction dose scale within the following range: +/- _____ units of insulin.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
C. Parents/guardians are authorized to adjust insulin-to carbohydrate ratio from: <u>1</u> unit(s) for every <u>5</u> grams of carbohydrate to <u>1</u> unit(s) for every <u>60</u> grams of carbohydrate	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
D. Parents/guardians are authorized to increase or decrease fixed insulin dose within the following range: +/- _____ units of insulin.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

#### **Why are the name brands of insulin not indicated on DMMP?**

Apidra, Novolog, Humalog and Admelog insulins are all interchangeable.

Insurance formularies change regularly and we often have to change prescriptions for insurance/cost reasons.

#### **Urine ketone levels are negative, trace or small (or blood ketones are < 0.6 mmol / L); should student be picked up from school?**

No.

Parent/Guardian should only pick up child if s/he is ill or has symptoms of illness or if ketones are moderate or large (see below).

**Urine ketone levels are moderate to large (or blood ketones are >0.6 mmol / L); should student be picked up from school?**

Yes.

The parent/guardian should also call the Endocrinology Nurse Emergency Line at 703- 839 - 8797 ext. 0 to discuss.

**On the DMMP, the “Correction Formula” box is checked but parents use a “Correction Dose Scale” at home. The math does not always match exactly. Which should I use?**

The “Correction Formula” is more precise.

Although the parent/guardian may use the “Correction Dose Scale,” our preference is that the trained healthcare staff utilizes the “Correction Formula” to determine the dose.

If school staff prefer a correction scale, please ask parents to provide a printed copy from their records.

**When can I use Dexcom or Libre data for insulin dose calculations and when should I use a fingerstick blood glucose reading?**

With parent’s permission, Dexcom G5, Dexcom G6, Guardian and Libre continuous glucose monitors can be used for insulin dose calculations. Please discuss with parents.

Refer to the ADA’s “Recommendations for Use of Continuous Glucose Monitors in the School Setting.”

**My student uses an insulin pump. What are the settings of the child’s pump?**

If if you would like written documentation of insulin pump settings, please ask the parent to upload the current settings and provide you with a copy.

If you have additional questions not answered here, please call the endocrine nurses at 703-839-8797.

Thank you.

Sincerely,

Your Diabetes Team at Pediatric Specialists of Virginia.

Additional Resources:

American Diabetes Association (ADA) [www.diabetes.org](http://www.diabetes.org) - Search “Safe at School”

Link to ADA’s “Recommendations for Use of Continuous Glucose Monitors in the School Setting.”

<https://www.diabetes.org/sites/default/files/2019-11/CGM%20guidelines.pdf>