

VIDEO EEG MONITORING – Education Handout

Your child is coming to the hospital for video EEG monitoring. This study is to look for seizures and spells. If you need to cancel or change your appointment please call the video EEG desk at 202-476-5645.

WHAT TO EXPECT:

EEG wires will be placed on your child's head. The EEG will record brain waves. A video camera will record what the seizure or spells look like.

When you get to the hospital:

- Sign in at the welcome desk with a valid photo identification and receive a visitor badge
- Go to the admissions office and check-in
- After you get your admission papers, they will direct you to go to the east tower (by the emergency room) and take those elevators to the 5th floor Neuroscience unit.

What should you bring:

- Insurance card
- Activities (your child's favorite toy, games, homework)
- Clothes should have buttons down the front
- Home medicines in the original bottles
- Any special foods due to dietary requirements

Please be on time. If you are late, your test may have to be rescheduled.

YOUR CHILD'S HOSPITAL STAY

One parent or guardian must stay to watch the child during the test, but two parents or guardians may stay the night. You will be asked to keep a diary of your child's seizures or spells. The staff will show you how to push a button to record a seizure or spell. Please **do not touch** the monitoring equipment or computers because it will disturb recording and data collection. In the hospital, your child will receive breakfast, lunch, dinner and snacks. You can bring additional snacks if needed. Parents or guardians can buy their meals in the cafeteria on the 2nd floor or in the café on the 7th floor.

WHAT MEDICINES ARE NEEDED

Most children will not need any medicine for the study. Some children with severe developmental delay or behavioral problems may not be able to hold still for the EEG wires to be put on. In this case, if your neurologist feels as though your child will need sedation under general anesthesia, they will contact us. If your child has other special needs, please talk with your neurologist.

PREPARING FOR DISCHARGE

When the study is complete, an EEG technician will remove the wires. The nurse will give you discharge instructions. The results from the test **will not be ready** before you leave. A report will be sent to your neurologist. You must schedule a follow up appointment with your neurologist to talk about the results.

If you have any questions or concerns, please contact 202-476-5645.

www.childrensnational.org

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202-476-BEAR

